



## Class Objectives

Most of our language starts here. This class is created to help you be able to introduce yourself in English. You aren't to only say who you are and where you're from. I want more than that. I want you to **talk about yourself**. What do you do for a living? What are your hobbies and interests? What are your dreams? Use this target language to be able to introduce yourself with more detail.

**By the end of the class, you will have:**

- ✓ learned and used new vocabulary
- ✓ practiced expressions to become more fluent
- ✓ improved your use of past simple and present perfect
- ✓ introduced yourself in detail

**Difficulty:** White Belt and above

## MODEL : Introduce Myself

Hi, I am Jesse Sweed. I'm **originally** from the US, and I am 38 years old. I **was born and raised** in Pennsylvania, but **I've also lived in** South Korea and currently live in Spain. I **have been an English teacher since 2006**, and I'm **the founder of** Sweed Academy, an online English school.

**Let me talk about** some of my **interests**.

**I'd like to tell you about** some of my **interests**.

A big thing I love is when I see a problem... or several problems, and I have to find creative solutions to **figure them out**. For example, creating videos, lessons, and other ways to help people learn. My students have a problem or need, and we work together to find a solution for that problem. This helps me in my teaching, but also parenting **as well**. As my kids learn and grow, **I find myself** learning a lot about myself, teaching, and life in general.

**Aside from** teaching and creating videos, **I've also studied and trained various** martial arts for most of my life.

**Besides** teaching and creating videos, **I've also studied and trained various** martial arts for most of my life.

**Other than** teaching and creating videos, **I've also studied and trained various** martial arts for most of my life.

**I started wrestling at** nine (years old), and then **I started taekwondo when** I was about twelve (years old) and trained until I became a black belt.



## WHITE BELT LESSON: Introduce Myself

**After that**, I started coaching. In my adult years, I started training kickboxing, jiu-jitsu, and I've **even** started practicing yoga. I love jiu-jitsu, which is a martial art that I would recommend to anybody, especially girls and women **because of the** self-defense and confidence it can give you.

**Between fathering and working**, I don't have much time for hobbies these days. I am a husband and a father of two children. I have a daughter who is 3 years old and a son who is only 5 months old at the time I'm writing this. I enjoy being a father more than I ever imagined I would, and I can't really put into words how it feels, but it's wonderful.

This is me, now I'd like to hear about you. Tell me about anything about yourself that you'd like. Tell me about where you live, what you like to do, your family, your friends, your dreams, or anything else you'd like to share. I look forward to meeting you!

### VOCABULARY

Take notes about the following words so you can understand the meaning. Use *context*, *dictionary definitions*, *synonyms*, *explanations*, *example sentences*, *pictures*, or any other creative way to learn the new words and phrases. NOTE: Please do NOT use your language to understand the concept.

Originally (adv.) – *Used to talk about the first place something happened.*

The founder of (n)

Interest (n)

As well

Various (adj)

Even

Father (n) (v)



## FLUECNY BUILDERS and EXPRESSIONS

These expressions will help you sound more fluent. Brainstorm and see how you can use these in your presentation.

To be born and raised -

Let's talk about/ I'd like to tell you about \_\_\_\_\_ -

Aside from/ Besides/ Other than \_\_\_\_\_ -

After that... -

Because of the... -

I don't have much time for... -

Two years apart

By the time...

As I said before...

## GRAMMAR

**Past simple and Present perfect** are used to talk about the past, but they are often confused by students. Here are some tricks that may help you.

### Past Simple

**Something in a specific time in the past.**

*I **started** wrestling at nine years old, and then I **started** taekwondo when I was about twelve years old.*



## Present Perfect

### Abstract things in the past

*I've also **lived** in South Korea and currently live in Spain.*

**or something that starts in the past and continues to present.**

*I've also **studied and trained** various martial arts for most of my life.*

### FOR and SINCE

**For** – talk about the **DURATION** of an action

**Since** – talk about the **START** of an action

*I've **worked** as an English teacher **for** 12 years.*

*I've **worked** as an English teacher **since** 2006.*

Use these grammar forms to outline your introduction. You can certainly use both to talk about your past.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## YOUR TASK: Introduce Yourself

Now it's your turn to introduce yourself. Use these fluency builders and forms of past simple and present perfect to give a proper introduction of yourself. Share your introduction with me on Facebook or in class.

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## WHITE BELT LESSON: Introduce Myself

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